Bladder Training Sequence

Starting time:_____ Child's name:_____ Date:_____

Start exactly on the half-hour **Check under the appropriate item when completed.** **Repeat the following steps every half-hour until self initiation occurs.**	6:30am	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00pm	12:30	1:00	1:30	2:00	2:30	3:00
1. Gave as much fluid as child would drink while seated in his chair. (4-8oz recommended note the number of ounces/cups of fluid consumed).																		
a. Waited about 1 minute.																		
2. Directed child to toilet using the minimal possible prompts.																		
3. Directed child to pull his pants down using minimal possible prompts.																		
4. If child voided: a. Gave edibles and praise while he was seated on the toilet. Then directed him to stand after 20 mins passed.																		
b. Directed child to flush toilet using the minimal possible prompt.																		
c. Note each time of voiding (below).																		
5. If child did not void within 20 minutes of drinking the fluids, directed him to stand.																		
6. Directed child to pull up his pants using the minimal possible prompt.																		
7. Inspected child for dry pants 5 minutes after leaving potty and every 5 minutes thereafter, gave edible and praise if pants were dry.																		

****When self-initiation occurs, start the self-initiation procedure immediately and discontinue the schedule above. Give exact time of self-initiation:_____****

Voiding Data: Indicate Time of void, reinforcer delivered, any other notes

Bladder Training Sequence

Starting time:_____ Child's name:_____ Date:_____

Start exactly on the half-hour **Check under the appropriate item when completed.** **Repeat the following steps every half-hour until self initiation occurs.**	3:30pm	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
8. Gave as much fluid as child would drink while seated in his chair. (4-8oz recommended note the number of ounces/cups of fluid consumed).																		
b. Waited about 1 minute.																		
9. Directed child to toilet using the minimal possible prompts.																		
10. Directed child to pull his pants down using minimal possible prompts.																		
11. If child voided: a. Gave edibles and praise while he was seated on the toilet. Then directed him to stand after 20 mins passed.																		
b. Directed child to flush toilet using the minimal possible prompt.																		
c. Note each time of voiding (below).																		
12. If child did not void within 20 minutes of drinking the fluids, directed him to stand.																		
13. Directed child to pull up his pants using the minimal possible prompt.																		
14. Inspected child for dry pants 5 minutes after leaving potty and every 5 minutes thereafter, gave edible and praise if pants were dry.																		

****When self-initiation occurs, start the self-initiation procedure immediately and discontinue the schedule above. Give exact time of self-initiation:_____****

Voiding Data: Indicate Time of void, reinforcer delivered, any other notes

Bladder Training Sequence

Starting time:_____ Child's name:_____ Date:_____

Start exactly on the half-hour **Check under the appropriate item when completed.** **Repeat the following steps every half-hour until self-initiation occurs.**																		
15. Gave as much fluid as child would drink while seated in his chair. (4-8oz recommended note the number of ounces/cups of fluid consumed).																		
c. Waited about 1 minute.																		
16. Directed child to toilet using the minimal possible prompts.																		
17. Directed child to pull his pants down using minimal possible prompts.																		
18. If child voided: a. Gave edibles and praise while he was seated on the toilet. Then directed him to stand after 20 mins passed.																		
b. Directed child to flush toilet using the minimal possible prompt.																		
c. Note each time of voiding (below).																		
19. If child did not void within 20 minutes of drinking the fluids, directed him to stand.																		
20. Directed child to pull up his pants using the minimal possible prompt.																		
21. Inspected child for dry pants 5 minutes after leaving potty and every 5 minutes thereafter, gave edible and praise if pants were dry.																		

****When self-initiation occurs, start the self-initiation procedure immediately and discontinue the schedule above. Give exact time of self-initiation:_____****

Voiding Data: Indicate Time of void, reinforcer delivered, any other notes