Bladder Training Sequence

Starting time:_____ Child's name:_____ Date:_____

Start exactly on the half-hour **Check under the appropriate item when completed.** **Repeat the following steps every half-hour until self initiation occurs.**	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30
1. Gave as much fluid as child would drink while seated in his chair. (note the number of cups of fluid consumed).																		
a. Waited about 1 minute.																		
2. Directed child to toilet using the minimal possible prompts.																		
3. Directed child to pull his pants down using minimal possible prompts.																		
4. If child voided: a. Gave edibles and praise while he was seated. Then directed him to stand.																		
b. Directed child to flush toilet using the minimal possible prompt.																		
c. Note each time of voiding.																		
5. If child did not void within 20 minutes of drinking the fluids, directed him to stand.																		
6. Directed child to pull up his pants using the minimal possible prompt.																		
7. Inspected child for dry pants 5 minutes after leaving potty and every 5 minutes thereafter, gave edible and praise if pants were dry.																		
8. If accident occurred: a. Implemented positive practice procedure 5 times. Note time of occurrence.																		

When self-initiation occurs, start the self-initiation procedure immediately and discontinue the schedule above.

Give exact time of self-initiation:_____

Starting time:_____ Child's name:_____Date:_____

Evening PM Data

Start exactly on the half-hour **Check under the appropriate item when completed.** **Repeat the following steps every half-hour until self initiation occurs.**	5:00p	5:30	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00			
9. Gave as much fluid as child would drink while seated in his chair. (note the number of cups of fluid consumed).																		
b. Waited about 1 minute.																		
10. Directed child to toilet using the minimal possible prompts.																		
11. Directed child to pull his pants down using minimal possible prompts.																		
12. If child voided: a. Gave edibles and praise while he was seated. Then directed him to stand.																		
b. Directed child to flush toilet using the minimal possible prompt.																		
c. Note each time of voiding.																		
13. If child did not void within 20 minutes of drinking the fluids, directed him to stand.																		
14. Directed child to pull up his pants using the minimal possible prompt.																		
15. Inspected child for dry pants 5 minutes after leaving potty and every 5 minutes thereafter, gave edible and praise if pants were dry.																		
16. If accident occurred: a. Implemented positive practice procedure 5 times. Note time of occurrence.																		

When self-initiation occurs, start the self-initiation procedure immediately and discontinue the schedule above.

Give exact time of self-initiation:_____

Starting time:_____ Child's name:_____ Date:_____

Blank Bladder Training Data

Start exactly on the half-hour **Check under the appropriate item when completed.** **Repeat the following steps every half-hour until self initiation occurs.**	Time																	
17. Gave as much fluid as child would drink while seated in his chair. (note the number of cups of fluid consumed).																		
c. Waited about 1 minute.																		
18. Directed child to toilet using the minimal possible prompts.																		
19. Directed child to pull his pants down using minimal possible prompts.																		
20. If child voided: a. Gave edibles and praise while he was seated. Then directed him to stand.																		
b. Directed child to flush toilet using the minimal possible prompt.																		
c. Note each time of voiding.																		
21. If child did not void within 20 minutes of drinking the fluids, directed him to stand.																		
22. Directed child to pull up his pants using the minimal possible prompt.																		
23. Inspected child for dry pants 5 minutes after leaving potty and every 5 minutes thereafter, gave edible and praise if pants were dry.																		
24. If accident occurred: a. Implemented positive practice procedure 5 times. Note time of occurrence.																		

When self-initiation occurs, start the self-initiation procedure immediately and discontinue the schedule above.

Give exact time of self-initiation:_____