

# Speech Teaching

*Critical skills, sequences, and procedures  
to improve vocal responding*

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National Autism Conference  
Pennsylvania State University  
July 31, 2013

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# SPEECH 101

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**MUSCLE  
MOVEMENT**

Reinforcing  
value of those  
speech sounds  
increases

It sounds  
"right"

Speech sounds  
produced

Observes sound

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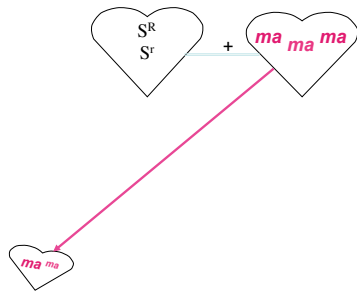
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### Stimulus Stimulus Pairing Procedure



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### Video



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### Speech training

Where to start?

①

#### Establish preference

For people  
For voices

#### Increase vocalizations

Frequency  
Loudness (dB)  
Variability

②

#### Train Verbal Skills

(discriminated vocalizations)

Mand  
Tact  
Echoic  
Intraverbal

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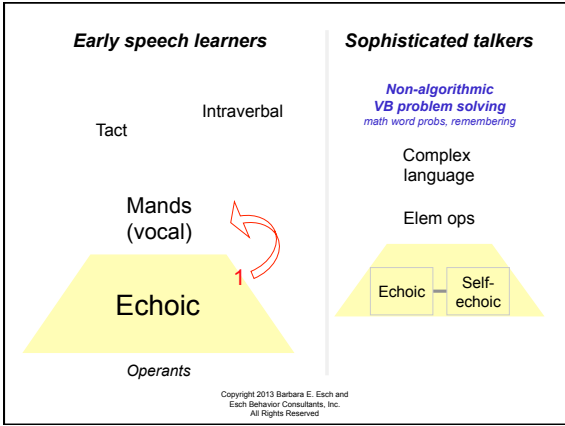
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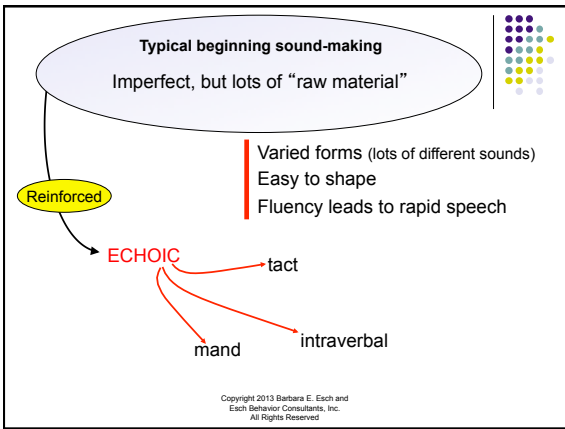
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**Video**

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The Verbal Behavior Milestones Assessment  
and Placement Program (VB-MAPP)

Mark L. Sundberg, Ph.D.

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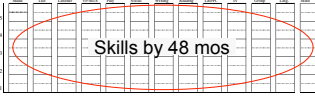
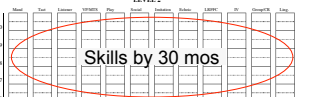

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VB-MAPP Milestones

Echoic Vocal Imitation Play Social Request Label Listener, early & advc' d Answer/ask questions Group/class routines Linguistic VP/MTS Reading, Writing, Math	 <p style="text-align: center; color: red; font-weight: bold;">Skills by 48 mos</p>  <p style="text-align: center; color: red; font-weight: bold;">Skills by 30 mos</p>  <p style="text-align: center; color: red; font-weight: bold;">Skills by 18 mos</p>
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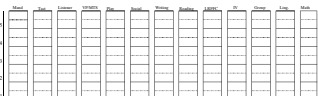
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Skills by 30 mos

“Baby talk”



Skills by 18 mos

Vocal practice

ECHOIC

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# Video




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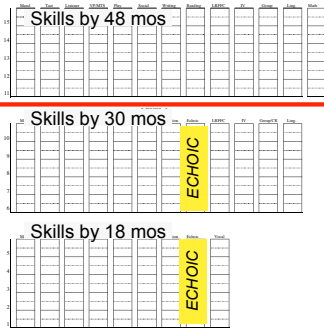
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## Conversation

- Speech phrases
- True words
- Jargon "baby talk"
- Connected strings
- Multi-syllables
- Varied syllables
- Repeated syllables
- Simple syllables
- Varied loudness
- Varied pitch
- Varied duration
- Vowels




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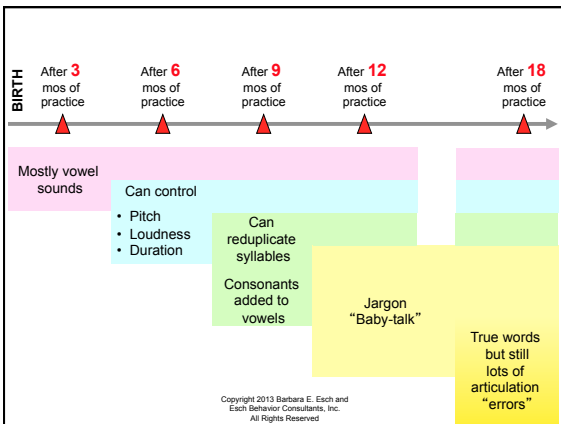
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**Video**




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**Speech teaching issues**

<p>No real speech Few vocals No echoic</p>	<p>◇ Need more vocals to work with</p> <p><b>Informal</b> Play activities that pair adult speech with fun (look-at-me activities like Peek-a-boo)</p> <p><b>Formal</b> SSP, Voc Variability Track voc baseline (freq &amp; topography)</p>
<p>Some weak speech But not under VB control</p>	<p>◇ Reinforce current form as mand ◇ Improve form through echoic</p>
<p>Speech under VB control But artic is unclear</p>	<p>◇ Improve form through echoic</p>

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What's the speech requirement for...

<p><b>Echoic</b> <b>Precision.</b></p>	<p><b>Vocal Mand</b> <b>Intelligibility.</b></p>
<p>If weak, shape. This allows you to reinforce precision.</p>	<p>If weak, reinforce current "best." Or model an easier response &amp; reinforce. Continue echoic work.</p>

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**SPEECH 201**

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[wɛlkəm tu ðə wɜ:kʃəp]

[glæd ju kʊd klɪm təde]

[lets hæv sʌm fʌn wɪθ fənetiks]

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**Phonetics Cue Card**

**Handout**

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**Practice**

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**Starting a speech program**

- Identify available sounds
- Test ECH of available sounds
- List potential reinforcers
- Identify speech targets
- Program a high # of daily ECH trials *and*
- Program a high # of daily MAND trials
- Modify (upgrade) targets

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**Starting a speech program**

- Identify available sounds (several options for how to)

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**Vocalization Baseline**  
Sample Form

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**Speech Target Selection Worksheet**  
Sample Form

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**Starting a speech program**



Test ECH of available sounds

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# The Early Echoic Skills Assessment (EESA)

- Group 1 Simple and reduplicated syllables
- Group 2 2-syllable combinations
- Group 3 3-syllable combinations
- Group 4 Prosody in phrases
- Group 5 Prosody: pitch, loudness, duration

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**1st Priority**

<p style="text-align: center;"><b>Vocalizations</b></p> <p>Duration Loudness Pitch</p>	<p style="text-align: center;"><b>Vowels &amp; Diphthongs</b></p> <p style="text-align: center;">/a/ /i/ /u/</p>
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**2nd Priority**

<p style="text-align: center;"><b>Simple syllables</b></p> <p>ba    ba - ba    ba - bi mi    mi - mi    ma - mi <span style="color: red; font-size: small;">reduplicated    alternated</span></p>	<p style="text-align: center;"><b>Syllables w/ blends</b></p> <p>st-    sk-    sp- -nt    -lt    -st</p>
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**3rd Priority**

**Voice-Voiceless distinctions**

Sequence source: Ling, D. (1976)

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## EESA

**Early Echoic Skills Assessment (EESA)**  
Barbara E. Esch, PhD, BCBA, CCC-II

Scoring Groups 1-5: For each item, circle the best response of up to 3 items.  
 X = correct answer and correct number of syllables (2 points)  
 1 = response requires but doesn't fit description or more syllables (2 points)  
 0 = no response, unclear words, or long phrases (0 points)

		TOTAL		
		RAW SCORE	GROUP 1-5	
<b>Group 1: Simple and reduplicated syllables</b>				
Begin: vowel, diphthong, consonant; p, b, m, n, l, w				
Repeat 1				
ba	<input type="checkbox"/> ba <input type="checkbox"/> ba ba <input type="checkbox"/> ba bi	<input type="checkbox"/> ba	<input type="checkbox"/> ba	<input type="checkbox"/> ba
mi	<input type="checkbox"/> mi <input type="checkbox"/> mi mi <input type="checkbox"/> mi mi	<input type="checkbox"/> mi	<input type="checkbox"/> mi	<input type="checkbox"/> mi
ma	<input type="checkbox"/> ma <input type="checkbox"/> ma ma <input type="checkbox"/> ma mi	<input type="checkbox"/> ma	<input type="checkbox"/> ma	<input type="checkbox"/> ma
na	<input type="checkbox"/> na <input type="checkbox"/> na na <input type="checkbox"/> na ni	<input type="checkbox"/> na	<input type="checkbox"/> na	<input type="checkbox"/> na
pa	<input type="checkbox"/> pa <input type="checkbox"/> pa pa <input type="checkbox"/> pa pi	<input type="checkbox"/> pa	<input type="checkbox"/> pa	<input type="checkbox"/> pa
ta	<input type="checkbox"/> ta <input type="checkbox"/> ta ta <input type="checkbox"/> ta ti	<input type="checkbox"/> ta	<input type="checkbox"/> ta	<input type="checkbox"/> ta
wa	<input type="checkbox"/> wa <input type="checkbox"/> wa wa <input type="checkbox"/> wa wi	<input type="checkbox"/> wa	<input type="checkbox"/> wa	<input type="checkbox"/> wa
ya	<input type="checkbox"/> ya <input type="checkbox"/> ya ya <input type="checkbox"/> ya yi	<input type="checkbox"/> ya	<input type="checkbox"/> ya	<input type="checkbox"/> ya
ba	<input type="checkbox"/> ba <input type="checkbox"/> ba ba <input type="checkbox"/> ba bi	<input type="checkbox"/> ba	<input type="checkbox"/> ba	<input type="checkbox"/> ba
mi	<input type="checkbox"/> mi <input type="checkbox"/> mi mi <input type="checkbox"/> mi mi	<input type="checkbox"/> mi	<input type="checkbox"/> mi	<input type="checkbox"/> mi
ma	<input type="checkbox"/> ma <input type="checkbox"/> ma ma <input type="checkbox"/> ma mi	<input type="checkbox"/> ma	<input type="checkbox"/> ma	<input type="checkbox"/> ma
na	<input type="checkbox"/> na <input type="checkbox"/> na na <input type="checkbox"/> na ni	<input type="checkbox"/> na	<input type="checkbox"/> na	<input type="checkbox"/> na
pa	<input type="checkbox"/> pa <input type="checkbox"/> pa pa <input type="checkbox"/> pa pi	<input type="checkbox"/> pa	<input type="checkbox"/> pa	<input type="checkbox"/> pa
ta	<input type="checkbox"/> ta <input type="checkbox"/> ta ta <input type="checkbox"/> ta ti	<input type="checkbox"/> ta	<input type="checkbox"/> ta	<input type="checkbox"/> ta
wa	<input type="checkbox"/> wa <input type="checkbox"/> wa wa <input type="checkbox"/> wa wi	<input type="checkbox"/> wa	<input type="checkbox"/> wa	<input type="checkbox"/> wa
ya	<input type="checkbox"/> ya <input type="checkbox"/> ya ya <input type="checkbox"/> ya yi	<input type="checkbox"/> ya	<input type="checkbox"/> ya	<input type="checkbox"/> ya
<b>Group 2: 2-syllable combinations</b>				
Begin: 2-syllable combinations; g, q, z, c, s, ng				
Repeat 1				
ba	<input type="checkbox"/> ba <input type="checkbox"/> ba ba <input type="checkbox"/> ba ba	<input type="checkbox"/> ba	<input type="checkbox"/> ba	<input type="checkbox"/> ba
mi	<input type="checkbox"/> mi <input type="checkbox"/> mi mi <input type="checkbox"/> mi mi	<input type="checkbox"/> mi	<input type="checkbox"/> mi	<input type="checkbox"/> mi
ma	<input type="checkbox"/> ma <input type="checkbox"/> ma ma <input type="checkbox"/> ma mi	<input type="checkbox"/> ma	<input type="checkbox"/> ma	<input type="checkbox"/> ma
na	<input type="checkbox"/> na <input type="checkbox"/> na na <input type="checkbox"/> na ni	<input type="checkbox"/> na	<input type="checkbox"/> na	<input type="checkbox"/> na
pa	<input type="checkbox"/> pa <input type="checkbox"/> pa pa <input type="checkbox"/> pa pi	<input type="checkbox"/> pa	<input type="checkbox"/> pa	<input type="checkbox"/> pa
ta	<input type="checkbox"/> ta <input type="checkbox"/> ta ta <input type="checkbox"/> ta ti	<input type="checkbox"/> ta	<input type="checkbox"/> ta	<input type="checkbox"/> ta
wa	<input type="checkbox"/> wa <input type="checkbox"/> wa wa <input type="checkbox"/> wa wi	<input type="checkbox"/> wa	<input type="checkbox"/> wa	<input type="checkbox"/> wa
ya	<input type="checkbox"/> ya <input type="checkbox"/> ya ya <input type="checkbox"/> ya yi	<input type="checkbox"/> ya	<input type="checkbox"/> ya	<input type="checkbox"/> ya
<b>Group 3: 3-syllable combinations</b>				
Begin: 3-syllable combinations				
Repeat 1				
ba	<input type="checkbox"/> ba <input type="checkbox"/> ba ba <input type="checkbox"/> ba ba ba	<input type="checkbox"/> ba	<input type="checkbox"/> ba	<input type="checkbox"/> ba
mi	<input type="checkbox"/> mi <input type="checkbox"/> mi mi <input type="checkbox"/> mi mi mi	<input type="checkbox"/> mi	<input type="checkbox"/> mi	<input type="checkbox"/> mi
ma	<input type="checkbox"/> ma <input type="checkbox"/> ma ma <input type="checkbox"/> ma mi ma	<input type="checkbox"/> ma	<input type="checkbox"/> ma	<input type="checkbox"/> ma
na	<input type="checkbox"/> na <input type="checkbox"/> na na <input type="checkbox"/> na ni na	<input type="checkbox"/> na	<input type="checkbox"/> na	<input type="checkbox"/> na
pa	<input type="checkbox"/> pa <input type="checkbox"/> pa pa <input type="checkbox"/> pa pi pa	<input type="checkbox"/> pa	<input type="checkbox"/> pa	<input type="checkbox"/> pa
ta	<input type="checkbox"/> ta <input type="checkbox"/> ta ta <input type="checkbox"/> ta ti ta	<input type="checkbox"/> ta	<input type="checkbox"/> ta	<input type="checkbox"/> ta
wa	<input type="checkbox"/> wa <input type="checkbox"/> wa wa <input type="checkbox"/> wa wi wa	<input type="checkbox"/> wa	<input type="checkbox"/> wa	<input type="checkbox"/> wa
ya	<input type="checkbox"/> ya <input type="checkbox"/> ya ya <input type="checkbox"/> ya yi ya	<input type="checkbox"/> ya	<input type="checkbox"/> ya	<input type="checkbox"/> ya
<b>Group 4: Prosody: speech phrases (Pitch: Emphasis: syllables in bold letters)</b>				
Begin: 4-syllable combinations				
Repeat 1				
ba	<input type="checkbox"/> ba <input type="checkbox"/> ba ba <input type="checkbox"/> ba ba ba	<input type="checkbox"/> ba	<input type="checkbox"/> ba	<input type="checkbox"/> ba
mi	<input type="checkbox"/> mi <input type="checkbox"/> mi mi <input type="checkbox"/> mi mi mi	<input type="checkbox"/> mi	<input type="checkbox"/> mi	<input type="checkbox"/> mi
ma	<input type="checkbox"/> ma <input type="checkbox"/> ma ma <input type="checkbox"/> ma mi ma	<input type="checkbox"/> ma	<input type="checkbox"/> ma	<input type="checkbox"/> ma
na	<input type="checkbox"/> na <input type="checkbox"/> na na <input type="checkbox"/> na ni na	<input type="checkbox"/> na	<input type="checkbox"/> na	<input type="checkbox"/> na
pa	<input type="checkbox"/> pa <input type="checkbox"/> pa pa <input type="checkbox"/> pa pi pa	<input type="checkbox"/> pa	<input type="checkbox"/> pa	<input type="checkbox"/> pa
ta	<input type="checkbox"/> ta <input type="checkbox"/> ta ta <input type="checkbox"/> ta ti ta	<input type="checkbox"/> ta	<input type="checkbox"/> ta	<input type="checkbox"/> ta
wa	<input type="checkbox"/> wa <input type="checkbox"/> wa wa <input type="checkbox"/> wa wi wa	<input type="checkbox"/> wa	<input type="checkbox"/> wa	<input type="checkbox"/> wa
ya	<input type="checkbox"/> ya <input type="checkbox"/> ya ya <input type="checkbox"/> ya yi ya	<input type="checkbox"/> ya	<input type="checkbox"/> ya	<input type="checkbox"/> ya
<b>Group 5: Prosody: other contexts</b>				
Begin: 5-syllable combinations				
Repeat 1				
ba	<input type="checkbox"/> ba <input type="checkbox"/> ba ba <input type="checkbox"/> ba ba ba	<input type="checkbox"/> ba	<input type="checkbox"/> ba	<input type="checkbox"/> ba
mi	<input type="checkbox"/> mi <input type="checkbox"/> mi mi <input type="checkbox"/> mi mi mi	<input type="checkbox"/> mi	<input type="checkbox"/> mi	<input type="checkbox"/> mi
ma	<input type="checkbox"/> ma <input type="checkbox"/> ma ma <input type="checkbox"/> ma mi ma	<input type="checkbox"/> ma	<input type="checkbox"/> ma	<input type="checkbox"/> ma
na	<input type="checkbox"/> na <input type="checkbox"/> na na <input type="checkbox"/> na ni na	<input type="checkbox"/> na	<input type="checkbox"/> na	<input type="checkbox"/> na
pa	<input type="checkbox"/> pa <input type="checkbox"/> pa pa <input type="checkbox"/> pa pi pa	<input type="checkbox"/> pa	<input type="checkbox"/> pa	<input type="checkbox"/> pa
ta	<input type="checkbox"/> ta <input type="checkbox"/> ta ta <input type="checkbox"/> ta ti ta	<input type="checkbox"/> ta	<input type="checkbox"/> ta	<input type="checkbox"/> ta
wa	<input type="checkbox"/> wa <input type="checkbox"/> wa wa <input type="checkbox"/> wa wi wa	<input type="checkbox"/> wa	<input type="checkbox"/> wa	<input type="checkbox"/> wa
ya	<input type="checkbox"/> ya <input type="checkbox"/> ya ya <input type="checkbox"/> ya yi ya	<input type="checkbox"/> ya	<input type="checkbox"/> ya	<input type="checkbox"/> ya

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## Starting a speech program



- List potential reinforcers

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go  
up  
juice  
daddy  
bubbles

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### Speech Target Selection Worksheet

Available sounds				Hi Pref Items	Possible targets (refer to v-c chart)
C	V	C	V		
b	ee	b	ee	chips	
p?				juice	
t		t		music	
	oo		oo		

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## Starting a speech program



- ☐ Identify speech target syllables

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Syllables

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Words

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Sentences

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	Syllables	Sounds	Words

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## Starting a speech program



- ☐ Identify speech targets

Match potential reinforcers with syllables under ECH control

If syllables aren't yet under ECH control:

- select \_\_\_\_\_
- use procedures to increase overall voc frequencies (e.g., SSP)

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## For possible targets, refer to:



- SAS Checklist
- Vowel-consonant charts

Then write bottom-to-top teaching formats

(If you need help, consult an SLP for specific targets)

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## One possible hierarchy\* for teaching "shoe"



sh-oo

sOO

too

*Start here* OO

\* Source: Kaufman Speech Praxis Treatment Kit for Children

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English Phonemes	Phonetic symbol	Sounds like
Plosives	p	
	b	
	t	
	d	
Continuous, restricted airflow	k	shoe
	g	
	s	
	z	
	f	
	v	
	θ	
	ð	
	ʃ	
	ʒ	
tʃ		
dʒ		

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### Starting a speech program

- Program a high number of daily ECH trials
- and**
- Program a high number of daily MAND trials

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### Echoic-to-Mand Card

Sample Form

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## Starting a speech program



- Modify (upgrade) targets

As new reinforcers are ID'd  
As speech skills are acquired

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## Speech Acquisition Sequence Checklist

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## Speech Acquisition Sequence (SAS)



1 **Vocalizations**

2 **Vowels**

3 **Consonants 1-syll combos**

4 **Consonants 2-syll combos**

5 **Consonant blends 1-syll combos**

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**Q: Why teach vowels first?**



Consonants: correct  
Vowels: wrong

Consonants: wrong  
Vowels: correct

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**Vowel "Neighborhoods"**

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**Vowel-Consonant Card**

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**Echoic Phrases List**

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**Video**



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**SPEECH 301**

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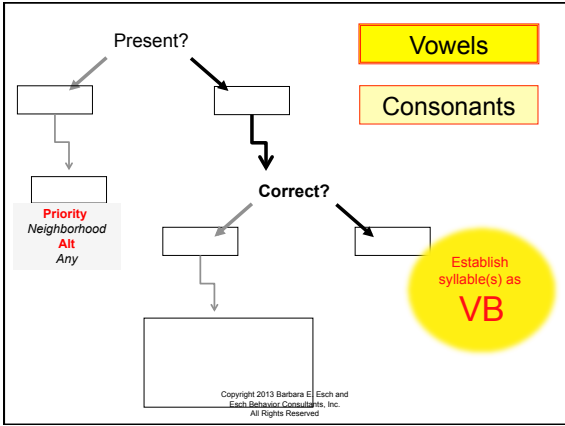
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**Decision Worksheet**

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Shaping: reinforce the best “available” sounds

Child can't make target response → **puzzle**

Reinforce “steps”  
(easier responses)

**puh**

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	k æ t	Target syllable
	t ʌ t	Current syllable - "tuht"
Vowel	Wrong	

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<i>fiss</i> for <b>fish</b>	<i>oos</i> for <b>juice</b>	<i>ih</i> for <b>chip</b>
f I ʃ	dʒ u s	tʃ I p
f I s	<input type="text"/> u s	<input type="text"/> I <input type="text"/>

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Analyzing errors to select targets

Says "uh" for /dɔg/

d ɔ g

ʌ

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**Says "uh" for /dɔg/**

Is vowel correct?

No

Yes

Is consonant correct?

No

(4) Shape unvoiced /k/ to voiced /g/

(3) Shape /d/ from /b/

(2) Add next missing consonant placeholder

(1) Vowel in place; add consonant(s)

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**Speech instruction "errors"**

- Disconnecting phrase components
  - I. Want. Cookie.
  - If they can't repeat the *phrase syllable #*, you need easier mand approximations & work on echoic syllables

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- Echoic model too-high or unnatural pitch
- Overemphasis on consonant precision (distorts the signal)
  - Dog-guh* "k-dy" ('candy') mmmmm-ah
- Unnatural separation of sounds
  - buh-loo* (blue) *chuh-air* (chair)
- Repeating phonemes & reinforcing non-functional segments
  - C-c-c-c-candy buhhh-uh-uh-bles

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- ECH drill, without a plan for mand application
- Multiple speech teachers
- Setting specific ECH targets too early
  - a range of targets might contact reinforcement more easily

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## BEYOND SPEECH 301



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*water*

*“wadder”*

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*Ice cream*  
aɪ s k r i m

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aɪ s k r i m  
aɪ w a n t aɪ s k r i m p l i z

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*Mommy and Daddy*  
m ə m i ɛ n d æ d i  
m ə m i ɛ n k e d i  
*Mommy and Katie*

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### Co-articulation

*Mommy and Daddy*

m a m i ε n d æ d ɪ

back of tongue

k
n
d

front tongue tip

m a m i ε n k e d ɪ

*Mommy and Katie*

Tongue placement to produce any sound is affected by requirements of adjacent phoneme positions

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### Co-articulation

*Mike 's cat may not stay*

m aɪ k s k æ t m e n ə t s t e

back of tongue

k
s
s
t

front tongue tip

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### Early speech training

*Summary*

<p style="font-size: small;">If low vocal frequency, low variability, weak or no echoic</p>	<p style="font-size: small;">If consistent echoic responses occur (even if topographically weak)</p>
<p style="font-size: small;"><b>Select temporary response mode</b> <i>Big 5 criteria</i></p>	<p style="font-size: small;"><b>Do mand training</b></p> <ol style="list-style-type: none"> <li>Reinforce all early vocal mand attempts</li> <li>Set 1<sup>st</sup> targets at "low bar" - raise bar as sequential targets are M' d</li> <li>Reinforce any vocals near current target</li> </ol>
<p style="font-size: small;"><b>Develop strong MO for people &amp; things</b></p>	<p style="font-size: small;"><b>Shape echoes (precision) to support mand training</b></p>
<p style="font-size: small;"><b>Increase vocals</b> Frequency &amp; Variability <i>SSP &amp; Voc Var</i> <i>In play, fun interactions</i></p>	

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