

# FOUR STEPS TO DISCLOSURE

## Planning for Disclosure

1. Awareness of strengths and challenges

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3. Nonjudgmental comparison

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2. "Rack up" strengths and challenges

Strengths	Challenges
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4. Present the label summarizing the condition

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# MY ADVOCACY PLAN

Name \_\_\_\_\_

## SCAN

Challenge

Sensory

Cognitive

Socio-emotional

## ADVOCACY

Explaining your needs

## DISCLOSURE

The reason

Partial

Full