

Evaluating Options – Questions for Parents to Ask

- What is the purpose of the practice? How will my child benefit? For how long?
- What do I have to benefit? How long must child be involved to benefit?
- Has this practice been scientifically studied? How do I know the results?
- Potential harm – physical, psychological to child?
- Family cost – time and money? Is the cost fair/reasonable?
- How are practitioners trained?
- Any legal actions current or past against those promoting this practice?
- How will I know it has worked for my child?
- If I choose this practice, what alternatives am I not pursuing?

Adapted from: <http://www.autism-society.org/living-with-autism/treatment-options/evaluating-options/>